

Special Olympics Healthy Athletes®



The Healthy Athletes® program offers health services and information to athletes, families and coaches in need. Participants are encouraged to attend this **FREE** event located in Redbird Arena on the lower level concourse.

OPENING EYES *Friday Noon-4 & Saturday 8-4*

The Opening Eyes program is a vision and eye health screening in partnership with the Lions Clubs International Foundation. Led by volunteer vision care professionals, Opening Eyes offers prescription eyewear, sunglasses, and sports goggles to Special Olympics athletes.

HEALTHY HEARING *Friday Noon-4 & Saturday 8-4*

The Healthy Hearing program provides free ear and hearing screenings designed to ensure proper audio logical care for Special Olympics athletes.

SPECIAL SMILES *Friday Noon-4*

Special Smiles provides comprehensive oral health care information, including free dental screenings and instructions on correct brushing and flossing techniques to participating Special Olympics athletes. This also includes issuing preventative supplies like toothpaste and toothbrushes and fluoride varnish.

FUN FITNESS *Saturday 9-4*

This Healthy Athletes discipline provides free screenings to measure athletes' flexibility, strength, balance, and aerobic fitness.

HEALTH PAVILION *Friday Noon-4 & Saturday 9-4*

Expanded this year! Next to Olympic Town be sure to visit the air-conditioned tent just outside Redbird Arena where athletes, families and coaches can cool-down, de-stress and learn about preventive healthcare. In addition to Sun Safety information and kits, the Hydration Station, and Nutrition Table will be back by popular demand, and this year with the help of Advocate BroMenn, free blood pressure, bone density and body mass index screenings will be available both days! *For more information contact, Jamie Davidson at jdavidson@soill.org or Carolyn Klocek at cklocek@soill.org.*