



What is the Law Enforcement Torch Run Polar Plunge for Special Olympics Illinois?

The Law Enforcement Torch Run Polar Plunge® is a unique opportunity to support Special Olympics athletes by taking a flying leap – a leap into the frigid waters of an Illinois lake.

Participants raise at least \$100 in donations from friends, family and co-workers in exchange for jumping into the icy waters in the middle of winter. Each plunger receives a Polar Plunge sweatshirt and entrance into a Post-Plunge Party, plus the chance to win additional prizes for raising more money. All proceeds collected by Plungers benefit Special Olympics Illinois athletes. In 2016, nearly \$1.9 million was raised by 6,480 plungers. In 18 years, \$16.4 million has been raised by more than 60,000 plungers!

Attire: Anything but a wet suit. Shoes are recommended and costumes are encouraged. Don't forget a towel with which to dry off! No head-first diving is allowed!

Polar Plunges will take place from Feb. 17 to March 19 in 22 different locations around the state!

- Friday, Feb. 17 & Saturday, Feb. 18, 2017 – SUPER Plunge into Lake Michigan (Plunging once an hour every hour for 24 straight hours)
- Saturday, February 18, 2017 – Lake Michigan, Clark Street Beach, Evanston
- Sunday, February 19, 2017 – Twin Lakes, Salt Creek Park District, Palatine
- Saturday, February 25, 2017 – Miller Park Lake, Bloomington
- Saturday, February 25, 2017 – Southern Illinois University Recreational Center, Carbondale
- Saturday, February 25, 2017 – Carlyle Lake, Carlyle
- Saturday, February 25, 2017 – Lake of the Woods Forest Preserve, Mahomet
- Saturday, February 25, 2017 – Mendota Lake, Mendota (NEW LOCATION)
- Saturday, February 25, 2017 – Moorman Lake, Upper Moorman Park, Quincy
- Sunday, February 26, 2017 – Lakefront Park, Fox Lake
- Sunday, February 26, 2017 – Lake Storey, Galesburg
- Saturday, March 4, 2017 – Rend Lake, South Sandusky Beach, Benton
- Saturday, March 4, 2017 – Lake Springfield, Knights of Columbus Hall #4179, Chatham
- Saturday, March 4, 2017 – Lake Decatur, The Beach House, Decatur
- Saturday, March 4, 2017 – Lake Sara, Effingham
- Saturday, March 4, 2017 – Manteno Lake, Manteno
- Saturday, March 4, 2017 – Oak Brook Bath and Tennis Club, Oak Brook
- Saturday, March 4, 2017 – Olson Lake, Rock Cut State Park, Rockford
- Sunday, March 5, 2017 – Spring Lake, Macomb
- Sunday, March 5, 2017 – Loon Lake, Silver Springs State Park, Yorkville
- Saturday, March 11, 2017 – Leisure Lakes, Joliet
- Saturday, March 18, 2017 – Lincoln Lakes, Private Beach, Lincoln
- Sunday, March 19, 2017 – Wicks Lake, Jumer's Casino, Rock Island

Online registration now available. For more information or to register, visit www.plungeillinois.com