The 20th annual Big Blue Blowout will be hosted in Bloomington-Normal at a variety of facilities. We are thankful for our years on Millikin's campus but look forward to starting new traditions! BBB is an opportunity to obtain multiple sport coaching certifications in one weekend. While there is a fee up front, it is **returned, in its entirety** as long as you attend everything you sign up for! BBB provides a great chance to network and swap best practices with other coaches from across the state. Our home base for the weekend will be the Lincoln Leisure Center. Details on location of each course will be shared upon registering.

**Courses:**

**Friday May 31:** Lincoln Leisure Center, 1206 S. Lee St., Bloomington  
**Principles of Coaching** – Advanced SO course broken into five sections: Coaching Philosophy, Sports Planning & Management, Coaching skills & confidence, Physical Preparation for SO Athletes & Safety/Risk Management. Will re-certify all current sport certifications.  
**Sports First Aid & Taping** – Based on the ISHA course; taught by a Certified Athletic Trainer. Will re-certify all current sport certifications.  
**General Orientation** – An introduction to SOILL; required to become certified.

**Saturday June 1:** AM session: 9am – 12pm  
MATP  
Tennis  
Bocce  
Snowshoe

**Lunch & Learn:** 12:00pm – 12:30pm  
Special Olympics Fit 5 – A new SO endorsed holistic fitness program.

**Saturday June 1:** PM session: 1pm – 4pm  
Athletics  
Basketball  
Powerlifting  
Swimming -

**Yoga** – Hosted by The Yoga Space, IL in Clinton, IL. A class practicing physical postures, breathing techniques and balance while promoting both physical and emotional well-being. We will car pool from Lincoln Leisure Center to the Yoga Studio in Clinton. Please bring **$5 cash** to pay the The Yoga Space, IL for the class.
Sunday June 2: Lincoln Leisure Center, 1206 S. Lee St., Bloomington

**General Orientation** – An introduction to SOILL; required to become certified

**Individual Skills** - Set up and review of this competition option in select sports.

**Unified Sports** – Classroom based, required for any agency planning to participate in Unified Volleyball or Unified Basketball/Soccer Competition (school age only).

**Notes:**
* Athletics, Basketball, Bocce, MATP, Powerlifting, Snowshoeing, Swimming and Tennis are all certifying or re-certifying sessions that focus on basic skills, rules and strategies for competition.

Please remember ALL fees are refunded in full, upon successful attendance of all courses registered.

You will receive a confirmation email including specific event information and directions.

A housing stipend will be provided to reimburse a portion of hotel expenses for any Coach traveling more than 35 miles ($50 per night, 2 night maximum).

*Meals Provided = Dinner Friday, Lunch Saturday, Dinner Saturday*

For more information on registering for the Big Blue Blowout please contact:
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