



What is the Law Enforcement Torch Run Polar Plunge for Special Olympics Illinois?

The Law Enforcement Torch Run Polar Plunge® is a unique opportunity to support Special Olympics athletes by taking a flying leap – a leap into the frigid waters of an Illinois lake.

Participants raise at least \$100 in donations from friends, family and co-workers in exchange for jumping into the icy waters in the middle of winter. Each plunger receives a Polar Plunge sweatshirt, plus the chance to win additional prizes for raising more money. All proceeds collected by Plungers benefit Special Olympics Illinois athletes. In 2020, more than \$1.8 million was raised by 6,396 plungers and 163 dashers. In 22 years, more than \$23.5 million has been raised by more than 84,000 plungers!

Attire: Anything but a wet suit. Shoes are recommended and costumes are encouraged. Don't forget a towel with which to dry off! No head-first diving is allowed!

Polar Plunges will take place from Feb. 12 to March 28 in 25 different locations around the state or participants can choose to Plunge At Home!!

- Saturday, February 20, 2021 - Peoria, Dozer Park
- Sunday, February 21, 2021 – Galesburg, Lake Storey
- Saturday, February 27, 2021 - Bloomington, Miller Park Lake
- Saturday, February 27, 2021 - Carlyle, Carlyle Lake
- Saturday, February 27, 2021 - Mendota, TBD
- Saturday, February 27, 2021 - Effingham, Lake Sara
- Sunday, February 28, 2021 – EIU Glow Plunge
- Sunday, February 28, 2021 – Quincy, TBD
- Sunday, February 28, 2021 - Rock Island
- Friday, March 5, 2021 - Belleville Dumpster Plunge
- Saturday, March 6, 2021 – Manteno Lake, Manteno
- Saturday, March 6, 2021 – Rockford, TBD
- Saturday, March 6, 2021 – Benton, Rend Lake
- Saturday, March 6, 2021- Springfield, Lake Springfield
- Saturday, March 6, 2021 - Decatur, Lake Decatur
- Saturday, March 6, 2021 - Oak Brook, Oak Brook Bath & Tennis Club
- Sunday, March 7, 2021 - Yorkville, Loon Lake
- Sunday, March 7, 2021- Macomb, Western Illinois University
- Saturday, March 13, 2021 - Braidwood, Braidwood Rec. Club
- Saturday, March 20, 2021 - Mahomet, Lake of the Woods
- Saturday, March 27, 2021 - SIU
- TBD - Edwardsville
- TBD - Palatine
- TBD - Fox Lake
- TBD - Evanston

Online registration now available. For more information or to register, visit

www.plungeillinois.com