

	Brown Bullpen	Standing Long Jump/Running Long Jump Area	Shot Put
14:00	ALL 3000 METER RUN	STANDING LONG JUMP F1, F3	
14:15		STANDING LONG JUMP F2, F4, F5	
14:30	ALL 800 METER RUN	Standing Long Jump M1, M2	
14:45	ALL 4 X 400 M RUN	Standing Long Jump M3, M5	
15:00	4 X 100 M RUN CO1, CO4	Standing Long Jump M4	
15:15	4 X 100 M RUN CO2		
15:30	4 X 100 M RUN CO3, CO5		
15:45	ALL 4 X 100 M WALK		
16:00	200 M RUN F1, F3		ALL MALE SHOT PUT
16:15	200 M RUN F4, F5, F7		
16:30	200 M RUN F2, F6		
16:45	200 M RUN M1, M7		
17:00	200 M RUN M2, M3		ALL FEMALE SHOT PUT
17:15	200 M RUN M4, M5		
17:30	200 M RUN M6, M10	RUNNING LONG JUMP M5	

**All relays should report to the BROWN BULLPEN 30 minutes prior to the race start time**

**All other races should report to the BROWN BULLPEN 15 minutes prior to the race start time**

17:45	200 M RUN M8, M9	RUNNING LONG JUMP M4
18:00	400 M WALK F1, M1, M2	RUNNING LONG JUMP M3
18:15	400 M RUN F1, M1, M2	RUNNING LONG JUMP M1, M2
18:30	400 M RUN M3, M4	RUNNING LONG JUMP F1, F2
18:45	400 M RUN M5	
19:00	ALL 1500 M RUN	