

Special Olympics of Illinois 2023

June 9th, 10th, 11th

Bone Student Center and The Marketplace at Linkins Dining Center

**** Buffets to be full-service****

- **Friday lunch**
 - Turkey and cheddar sandwich on whole grain bread with lettuce and tomatoes
 - Assorted Baked Chips
 - Assorted whole fresh fruit and sliced fresh fruit
 - Chocolate chip cookies
 - Salad bar
 - Lettuce mix, grape tomatoes, croutons, broccoli, cucumbers, bacon, shredded carrots, shredded cheddar, ranch, fat free Italian, and french dressing
 - Iced tea, water, sugar free lemonade, milk

- **Friday dinner**
 - Cheesy tortellini lasagna bake
 - Steamed green beans
 - Sliced Vienna bread with butter and margarine
 - Apples, bananas, fresh strawberries and sliced fresh fruit
 - Confetti Cake
 - Salad bar
 - Lettuce mix, grape tomatoes, croutons, broccoli, cucumbers, bacon, shredded carrots, shredded cheddar, ranch, fat free Italian, and french dressing
 - Milk, iced tea, regular coffee, decaf coffee, water

- **Saturday breakfast**
 - Scrambled eggs
 - Bacon (Beyond Meat Sausage patty's available upon request)
 - Breakfast Potatoes
 - Apples, bananas, fresh strawberries and sliced fresh fruit
 - Assorted cold cereal
 - Cinnamon Oatmeal Breakfast Square
 - Orange juice, milk, regular coffee, decaf coffee, water

- **Saturday lunch**
 - Ham & Swiss Sandwich on whole grain bread with lettuce and tomato
 - Assorted baked chips
 - Apples, bananas and fresh sliced fruit
 - Salad bar
 - Lettuce mix, grape tomatoes, croutons, broccoli, cucumbers, bacon, shredded carrots, shredded cheddar, ranch, fat free Italian, and french dressing
 - M and M Brownies
 - Iced tea, water, sugar free lemonade, milk

- **Saturday Dinner**
 - Breaded chicken breast
 - Mashed Potatoes and Gravy
 - Corn
 - Wheat dinner rolls with butter and margarine
 - Apples, bananas, strawberries and fresh sliced fruit
 - Salad bar
 - Lettuce mix, grape tomatoes, croutons, broccoli, cucumbers, bacon, shredded carrots, shredded cheddar, ranch, fat free Italian, and french dressing
 - Strawberry poke cake
 - Milk, iced tea, regular coffee, decaf coffee, water

- **Sunday Breakfast**
 - Scrambled eggs
 - Biscuits and sausage gravy
 - Assorted cereal
 - Apples, bananas, strawberries and fresh sliced fruit
 - Whole grain Aronia Berry Muffins
 - Orange juice, milk, regular coffee, decaf coffee, fruit punch, water

**Note: Gluten Free and vegetarian/vegan menu options are available at each meal.