

8:30	Open Ceremonies Staging in Parking Lot near Softball Throw venue.						
9:00 AM	Opening Ceremonies, Stadium						
All athletes should report to the assigned bullpen 15 MINUTES prior to scheduled RACE time							
Standing Long Jump- Report to Track 2 awards							
RACE TIME	Track 1	Track 2	Jumps	Softball Throw A	Softball Throw B	Softball Throw C	Softball Throw D
10:30	100 M Racewalk M01-M04	ALL Wheelchair, Assisted Races and PDM Events report to Track 2 Bullpen		SOFTBALL THROW F01, F02	SOFTBALL THROW F03	SOFTBALL THROW F04	SOFTBALL THROW F05
10:45	100 M Racewalk M05, M06			SOFTBALL THROW F06	SOFTBALL THROW F07	SOFTBALL THROW F08, F09, F10	SOFTBALL THROW F11
11:00	100M Racewalk M07, M08			SOFTBALL THROW F12	SOFTBALL THROW F13	SOFTBALL THROW F14	SOFTBALL THROW F15
11:15	100M Run M01- M04			SOFTBALL THROW F16	SOFTBALL THROW F17	SOFTBALL THROW F18	SOFTBALL THROW F19
11:30	100M Run M05-M08	50M Run M01-M04		SOFTBALL THROW F20, F22, F23	SOFTBALL THROW F21	SOFTBALL THROW F 24	SOFTBALL THROW F25, F26
11:45	100M Run M09-M12	50M Run M05-M08		TENNIS BALL THROW F01	TENNIS BALL THROW F02, F03	TENNIS BALL THROW F04, F05	
12:00	100M Run M13-M16	50M Run M09-M12		PDM Tennis Ball CO1	PDM Tennis Ball CO2, CO3, CO4		
12:15	100M Run M17-M20	50M Run M13-M16	STANDING LONG JUMP F01, F02				
12:30	100M Run M21-M24	50M Run M17-M20	STANDING LONG JUMP F03				
12:45	100M Run M25-M28	50M Run M21-M25	STANDING LONG JUMP F04, F05				
13:00							

RACE TIME	Track 1	Track 2	Jumps	Softball Throw A	Softball Throw B	Softball Throw C	Softball Throw D
13:15	100M Racewalk F01, F02	50M RUN F01, F02		SOFTBALL THROW M01, M02	SOFTBALL THROW M03, M04	SOFTBALL THROW M05, M06	SOFTBALL THROW M07, M08
13:30	100M Racewalk F03, F04	50M RUN F03, F04		SOFTBALL THROW M09, M10	SOFTBALL THROW M11, M12	SOFTBALL THROW M13, M14	SOFTBALL THROW M15, M16, M17
13:45	100M Racewalk F05, F06	50M RUN F05, F06, F07	STANDING LONG JUMP M01, M02	SOFTBALL THROW M18, M19	SOFTBALL THROW M20, M21	SOFTBALL THROW M22, M23	SOFTBALL THROW M24, M25
14:00	100M Run F01- F04	50M RUN F08, F09	STANDING LONG JUMP M03, M04	SOFTBALL THROW M 26, M27	SOFTBALL THROW M28, M29	SOFTBALL THROW M30, M31	SOFTBALL THROW M32, M33
14:15	100M Run F05-F08	50M RUN F10, F11	STANDING LONG JUMP M05, M06, M07	SOFTBALL THROW M 34, M35	SOFTBALL THROW M36, M37	SOFTBALL THROW M38, M39	SOFTBALL THROW M40, M41
14:30	100M Run F09-F12	50M RUN F12, F13		SOFTBALL THROW M42, M43	SOFTBALL THROW M44, M45	TENNIS BALL THROW M01, M02, M03	TENNIS BALL THROW M04, M05, M06
14:45	100M Run F13-F15	50M RUN F14					

