

Special
Olympics
**Healthy
Athletes®**



Summer Games Healthy Athletes Venue

The Healthy Athletes® program offers health services, screenings, and information to athletes, families, and coaches in need.

Participants are encouraged to attend this **FREE** event located in the Redbird Arena on the lower level concourse.



Special Smiles ----- *Friday Noon-4p*

The Special Smiles discipline of Healthy Athletes provides comprehensive oral health care information, including free dental screenings and instructions on correct brushing and flossing techniques.



Opening Eyes ----- *Friday Noon-4p & Saturday 9a-4p*

The Opening Eyes program is a vision and eye health screening in partnership with the Lions Clubs International Foundation. Led by volunteer vision care professionals, Opening Eyes offers prescription eyewear, sunglasses, and sports goggles to athletes.



Healthy Hearing ----- *Friday Noon-4p & Saturday 9a-4p*

The Healthy Hearing program provides free ear and hearing screenings designed to ensure proper audiology care for athletes.



FUNFitness ----- *Saturday 9a-4p*

The Fun Fitness discipline of Healthy Athletes provides free screenings to measure athletes' flexibility, strength, balance and aerobic fitness.



Hydration Station ----- *Friday Noon – 4p & Saturday 9a – 4p*

Our Healthy Habit Hydration Station will be located at the top of the Redbird Ramp. Stop by to refill your water, get an electrolyte mix-in and learn some tips on how to best stay hydrated for competition and summer weather.