



2024 State Powerlifting Weigh-Ins

<u>Region</u>	<u>Time Slot</u>
A	
B	12:00pm
C	12:20pm
D	12:40pm
E	12:50pm
F	
G	12:55pm
H	1:00pm
I	1:05pm
J	
K	1:05pm

All athletes should weigh-in with their respective Region. We ask that athletes arrive to weigh-ins with a coach and wearing the appropriate athletic attire. Check in for weigh-ins will occur in the hallway of Kinsley High School.