Frank Kajdanowski

Sport: Bocce
Hometown: Chicago, IL
Age: 41

1. How long have you been with Special Olympics?
I have participated in Special Olympics for at least 30 years.

2. How has Special Olympics changed your life?
Special Olympics has given me a better life! A life with friends from all over Illinois. They helped me participate and compete in so many different sports: bocce, powerlifting, bowling, softball, football, soccer, swimming, speedy skating, run long jump, volleyball, basketball, skiing, track and field, shotput, golf, tennis, gymnastics, and floor hockey.

3. What has been your biggest obstacle to overcome?
My biggest challenge was believing in myself and being proud of who I am!

4. What makes you most proud?
It makes me proud to take on a challenge and see it through.

5. What are some other accomplishments you are proud of?
I graduated from Jacqueline Vaughn Occupational High School.

6. What other interests or hobbies do you have?
I like to relax with coloring and doing word search puzzles.

7. Who do you admire most and why?
First my parents, then I admire all of my coaches who have worked so hard in helping me accomplish all the wonderful things I do.

8. What does attending USA Games mean to you?
It makes me so happy and proud to be a Special Olympics athlete. I look forward to making new friends with athletes from all the different states.

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9. How are you preparing/training for USA Games?
I am preparing with my coaches from Shabbona Park and we have a training weekend in April with our USA coaches.

10. Have you been to a World Games or USA Games before?
None – this is my first and I'm so excited!

11. Are you employed? If so, where at and what's your role?
I work at Lambs Farm in Libertyville in the shipping and receiving department.

12. Are you a currently a student? If so, where and is it a Unified Champion School?
No

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