

Andrea Langford

*Special
Olympics
Illinois*



Sport: Powerlifting
Hometown: Decatur, IL
Age: 28

1. How long have you been with Special Olympics?

I have been in competing Special Olympics since I was nine. I have competed in basketball, volleyball, bocce, soccer, cross country skiing, track and field, softball, and bowling. I'm also a Global Messenger--I love talking to groups!

2. How has Special Olympics changed your life?

It has changed my life because I've met some awesome people throughout the years.

3. What has been your biggest obstacle to overcome?

My biggest obstacle has been diabetes.

4. What makes you most proud?

I'm most proud of having my family by my side to support me in the all the sports I've played throughout my life.

5. What are some other accomplishments you are proud of?

I was athlete of the year. Also, being a good sportsman makes me proud.

6. What other interests or hobbies do you have?

I have worked at the animal shelter for almost six years.



SPECIAL OLYMPICS
USA GAMES
ORLANDO 2022

7. Who do you admire most and why?

I admire my parents and my sister because they have been my number one support through everything I've done. I wouldn't trade them for the world and I wouldn't be where I am today without them.

8. What does attending USA Games mean to you?

It means getting to see what everyone else has accomplished and going for the gold.

9. How are you preparing/training for USA Games?

I've been lifting weights and going to the gym.

10. Have you been to a World Games or USA Games before?

No, I have not.

11. Are you employed? If so, where at and what's your role?

I've worked at the animal shelter in my hometown for almost six years.

12. Are you currently a student? If so, where and is it a Unified Champion School?

No

