

2024 EVENT SCHEDULE

POWERLIFTING

**Special
Olympics**
Illinois



2024 State Summer Games Powerlifting Schedule



Friday, June 7, 2024

	Time	Location
Athlete Weight-In	12:00pm – 1:15pm	Kingsley Middle School

ALL POWERLIFTING ATHLETES MUST WEIGH-IN BETWEEN 12:00pm – 1:00pm
ATHLETES WHO DO NOT WEIGH-IN WILL BE SCRATCHED FROM COMPETITION

Saturday, June 8, 2024

Session One Start Time: 8:30am High School Age Group (14 – 22)		
Platform One	Platform Two	Platform Three
Squat Flight: A Weight Class: A, B, C, D	Squat Flight: B Weight Class: E – F	Squat Flight: C Weight Class: G, H, I & ALL HS FEMALES
Bench Press Flight: A Weight Class: A, B, C, D	Bench Press Flight: B Weight Class: E – F	Bench Press Flight: C Weight Class: G, H, I & ALL HS FEMALES
Deadlift Flight: A Weight Class: A, B, C, D	Deadlift Flight: B Weight Class: E – F	Deadlift Flight: C Weight Class: G, H, I & ALL HS FEMALES
Session One Athletes Go To Awards		

Session Two Start Time: 12:00pm Senior Age Group (23+)		
Platform One	Platform Two	Platform Three
Squat Flight: D Weight Class: A – B	Squat Flight: E Weight Class: C – D	Squat Flight: F Weight Class: E
Bench Press Flight: D Weight Class: A – B	Bench Press Flight: E Weight Class: C – D	Bench Press Flight: F Weight Class: E
Deadlift Flight: D Weight Class: A – B	Deadlift Flight: E Weight Class: C – D	Deadlift Flight: F Weight Class: E
Session Two Athletes Go To Awards		

2024 State Summer Games Powerlifting Schedule



Sunday, June 9, 2024

Session Three Start Time: 8:30am Senior Age Group (23+)		
Platform One	Platform Two	Platform Three
Squat Flight: G Weight Class: F	Squat Flight: H Weight Class: G	Squat Flight: I Weight Class: H
Bench Press Flight: G Weight Class: F	Bench Press Flight: H Weight Class: G	Bench Press Flight: I Weight Class: H
Deadlift Flight: G Weight Class: F	Deadlift Flight: H Weight Class: G	Deadlift Flight: I Weight Class: H
Session Three Athletes Go To Awards		

Session Four Start Time: Platforms will start immediately after the previous platform finishes Senior Age Group (23+)		
Platform One	Platform Two	Platform Three
Squat Flight: J Weight Class: I	Squat Flight: K Weight Class: J, K, L, M, N, O, P	Squat Flight: L Weight Class: Q – R
Bench Press Flight: J Weight Class: I	Bench Press Flight: K Weight Class: J, K, L, M, N, O, P	Bench Press Flight: L Weight Class: Q – R
Deadlift Flight: J Weight Class: I	Deadlift Flight: K Weight Class: J, K, L, M, N, O, P	Deadlift Flight: L Weight Class: Q – R
Session Four Athletes Go To Awards		