

# Brandy Stowers

*Special  
Olympics  
Illinois*



**Sport: Athletics**  
**Hometown: Pontiac, IL**  
**Age: 26**

**1. How long have you been with Special Olympics?**

I have participated in Special Olympics for six years. I have participated in athletics, basketball, and bowling.

**2. How has Special Olympics changed your life?**

I have learned to be a better teammate, to have good sportsmanship, and to never give up. I have learned to get goals and reach for the stars.

**3. What has been your biggest obstacle to overcome?**

My biggest accomplishment within Special Olympics is being part of Team Illinois for the USA games in 2022.

**4. What makes you most proud?**

My dream is coming true.

**5. What are some other accomplishments you are proud of?**

I participated on a gold medalist basketball team in 2018 and I got a few gold medals at state for bowling as well as athletics.

**6. What other interests or hobbies do you have?**

I enjoy playing video games, going on walks, doing word searches, listening to music, and watching movies.

**7. Who do you admire most and why?**

I admire Maryssa and JD, my coaches, because they always support me and push me to do my best.

**8. What does attending USA Games mean to you?**

Attending the 2022 USA Games means that my dream has come true and I am very proud of myself. I look forward to competing, meeting new people, and going to Florida.



**SPECIAL OLYMPICS  
USA GAMES  
ORLANDO 2022**

**9. How are you preparing/training for USA Games?**

I am preparing for the 2022 Special Olympics games by practicing with my coach every Tuesday and every Thursday, I am eating healthier, working on making better drink choices, and I ride my bike around for more exercise.

**10. Have you been to a World Games or USA Games before?**

I have not participated in the past.

**11. Are you employed? If so, where at and what's your role?**

I am employed at Accolade. I am a dietary aid.

**12. Are you currently a student? If so, where and is it a Unified Champion School?**

I am not currently a student.

